



June 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		01 Let's start new goals!	02 Read a good book	03 Take a walk in the park	04 Bake cookies	05 Go to the movies
06 Let's go on a walk	07 Bowling night	08 Play a card game	09 Start new goals	10 Compliment a stranger	11 Coffee with friends	12 Craft night
13 FOOD BANK OF THE ROCKIES @BCC 9am	14 Try a new work out	15 Help a neighbor	16 Family game night	17 Breakfast for dinner	18 Make pancakes	19 Yoga
20 Clean up trash	21 Pizza party	22 Breakfast with kids	23 SENIOR COMMODITIES @PFC	24 Call a friend	25 Go to the lake	26 Date night
27 Start a journal	28 Take your family out to dinner	29	30			

Connect with us

Follow us on FB to see what events and classes we have going on @Prairie Family Center

Reach us @

www.prairiefamilycenter.com

Call us @ 719-346-5398

1040 Rose Avenue, Burlington CO 80807

Donate to our Non-profit by scanning our code with your phone!

